

# **Federation of International Target Archery (FITA) League**

This is a summer league. This league runs for 12 weeks on Wednesday nights at 6:00 p.m. Any style bow can be used, except Crossbows. Archers shoot the distance of 25 meters to 90 meters, depending on the age of the archer. Total arrows shot is 72 at 4 different distances. The target used is a FITA multi-colored 122 cm and 80 cm target.

